

Spotlight

Transformational coaching

For expanding our coachees' consciousness (and ours!)

Coaching has been used as a methodology in which coachees are engaged in thought-provoking conversations to prevalently support them reaching their goals and express their potential. During my last 10 years of practice I came to the realization that this is a limited view in which the change is very often transactional (behavioral) and is not sustainable on the long run, especially when the coachee faces new stressful or crisis situations.

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LCL News

28/04/2011

Social Challenges: Emergency wins the free services offered by Life Coach Lab

The first Italian coaching company offers pro bono to Emergency the skills and experience of its associate coaches and professional network.

April 28, 2011 - Awarded in October 2010 the prize of the "Social Challenges" Project sponsored by Life Coach Lab. This prize offers pro-bono coaching services to a non-profit organization facing challenges or wanting to achieve benevolent goals. Announced today the start date of the program.

Life Coach Lab is pleased to announce that, as of May 2011, the awardee of the Social Challenges program is: **EMERGENCY**

18/05/2011

Kick start for the European edition of Coaching Excel workshop

Nov. 28th - Dec. 3rd in Northern France (Language: English)

If you are an experienced coach, wishing to explore the transformational coaching approach and you are ready to embark on a journey of profound personal transformation, and at the same time you wish to collect CCEUs to renew your ICF credential, then you cannot miss this international coaching workshop.

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15/03/2011

Coaching Excel. 51 CCEU to renew your credential, your practice and your life.

For the first time, an Italian coach training program challenge the international market. We have been thinking about an experiential workshop for the already-experienced coaches for a while. A workshop to take them to a whole new depth and impact with their clients. And now, after the program has been presented at the ICF International Coaching Conference in Fort Worth, Dallas, in 2010, we have inaugurate the first edition in California, USA.

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D La Repubblica delle Donne

Il Mondo

Il Sole 24 Ore



Video

The transpersonal approach of Life Coach Lab coaching model



Audio

Giovanna D'Alessio radio guesting on The Coaching Show

Giovanna D'Alessio on Radio 101

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